**CAPACITI Session 8: 30 Day Challenge**

**Care Planning Strategies with the Family Caregiver**

**Instructions:**

* Assess the needs of a few caregivers
* Explore how the caregiver can be part of the care team
* Set up office processes for assessing needs of caregivers, including bereavement

**Things to think about:**

* How are you currently including caregivers in your practice?
  + If caregiver is your patient?
  + If caregiver is not your patient?