**CAPACITI Session 1: 30 Day Challenge**

**Sentinel Event Reflection**

**Purpose:** To have an open discussion to foster self-reflection, build trust and realize the common purpose of your team. \*We will not be collecting this activity. It is just for your benefit.

**Instructions:**

1. Take 5 minutes to reflect individually about an event that has happened around the death of a patient in your care in the past year. Use the questions below to help.
2. Discuss as a group. You may all have different cases (or similar ones). Allow each team member a chance to share their reflection. Think about the questions below and how you could support each other in the future.

**Questions for Consideration:**

What went well?

What did not go so well?

Any issues or challenges? What could be improved within our team?

If this were to happen again, given my experience, I could do the following differently: