



CAPACITI program

Supporting primary care teams to provide early palliative care



- **>80% of patients could benefit from palliative care, but only 20% get home-based palliative care**
- Palliative care is not only for end of life, but should begin earlier in the disease trajectory
- Many primary care teams want to provide early palliative care, but want practical tips on how

- **CAPACITI is an education program for interprofessional primary care teams**
- Provides practical tips and strategies from national experts
- Shows how to incorporate an early palliative care approach into practice
- There are 3 modules organized into 3 cohorts



1. Identify & Assess
Like an Expert



2. Enhance
Communication Skills



3. Enhance Skills
for Ongoing Care

**How the
CAPACITI
program
can help**

DETAILS

- All teams will receive videos & materials. Half the teams will be randomized to also receive virtual facilitation.
- Time commitment: 1 module is 4 hours over 2 months.
- Costs: As a CIHR-research project, the program is free.
- Modules are offered once per cohort.

BENEFITS

- Increased knowledge
- More job satisfaction
- More proactive practice
- Increased collaboration
- Increased confidence

**Who
should
apply?**

- **Generalist primary care providers (not palliative care specialists) who want to embed palliative care approaches into their practice.**
- We are encouraging primary care teams* to apply.
- Teams from anywhere across Canada can join.
- Cohort 2 begins in April 2022.




* E.g. Teams are physicians, nurse practitioners, nurses, social workers, main office assistant, complex patient coordinator, etc. -- anyone involved in the care of a patient with serious illness within a practice.

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Schedule

Here is the schedule of modules to participate in wave 2 of CAPACITI

	COHORT 1	COHORT 2	COHORT 3
	Registration Closed	Register by March 15th 2022	Register by Sept 14th 2022
 <p>1. Identify & Assess Like an Expert</p>	<p>Tues Nov 2, 2021 Tues Nov 16, 2021 Tues Nov 30, 2021 Tues Dec 14, 2021</p>	<p>Tues Apr 5, 2022 Tues Apr 19, 2022 Tues May 3, 2022 Tues May 17, 2022</p>	<p>Wed Oct 5, 2022 Wed Oct 19, 2022 Wed Nov 2, 2022 Wed Nov 16, 2022</p>
 <p>2. Enhance Communication Skills</p>	<p>Wed Mar 2, 2022 Wed Mar 16, 2022 Wed Mar 30, 2022 Wed Apr 13, 2022</p>	<p>Tues Sept 6, 2022 Tues Sept 20, 2022 Tues Oct 4, 2022 Tues Oct 18, 2022</p>	<p>Wed Jan 4, 2023 Wed Jan 18, 2023 Wed Feb 1, 2023 Wed Feb 15, 2023</p>
 <p>3. Enhance Skills for Ongoing Care</p>	<p>Wed Jun 1, 2022 Wed June 15, 2022 Wed June 29, 2022 Wed Jul 13, 2022</p>	<p>Tues Nov 30, 2022 Tues Dec 14, 2022 Tues Jan 4, 2023 Tues Jan 18, 2023</p>	<p>Wed Apr 5, 2023 Wed Apr 19, 2023 Wed May 3, 2023 Wed May 17, 2023</p>

Please note: Each module is 4 unique bi-weekly sessions over 2 months.

This project has been reviewed by the Hamilton Integrated Research Ethics Board under study number #13867

1. Information sessions (hosted with Pallium Canada)

- Coming soon in January & February 2022

2. Website

- Registration for information sessions
- More information about the program
- Officially sign-up for CAPACITI

3. More questions?

- Contact Maggie Civak at CivakMR@mcmaster.ca

**Need
more
info?**